

WEEK 1 MENU

W/C: 09/05 30/05 20/06 11/07

SPRING/SUMMER 2022

	HOT SPECIALS...	DAILY FAVES...	SIDES...	PACKED LUNCH...	JACKET POTATOES...	PICK A PUD!	
MONDAY	<p>Veggie Burrito 🍷 🌱 🌾</p> <p>A soft wrap filled with lightly spiced veggies and rice</p>	<p>Cheese and Tomato Pizza with Potato Wedges 🌱 🌾</p> <p>Cheesy tomato topped pizza slice</p>	<p>Tomato Pasta 🍷 🍷</p> <p>Fresh, homemade tomato and basil sauce with penne pasta</p>	<p>Green Beans and Sweetcorn</p>	<p>Packed Lunch</p> <p>See below for details</p>	<p>Jacket Potatoes 🍷 🌱</p> <p>A choice of hot and cold fillings</p>	<p>Raspberry Ripple Ice Cream with Fresh Cut Fruit Slices 🍷</p>
TUESDAY	<p>Hot Chicken Sandwich with Potato Wedges</p> <p>Roast chicken served in a soft bun with lettuce and mayo</p>	<p>Allegra's Broccoli And Cauliflower Cheese Pie with Mashed Potato 🌱</p> <p>Cheesy broccoli and cauliflower with a shortcrust topping</p>	<p>Tomato Pasta 🍷 🍷</p> <p>Fresh, homemade tomato and basil sauce with penne pasta</p>	<p>Peas and Broccoli</p>	<p>Packed Lunch</p> <p>See below for details</p>	<p>Jacket Potatoes 🍷 🌱 🐟</p> <p>with salmon mayonnaise</p>	<p>Secret Brownie with Fresh Cut Fruit Slices 🍷</p>
WEDNESDAY	<p>Roast Chicken with Roast Potatoes & Gravy</p> <p>Succulent roast chicken with fluffy roasties and tasty gravy</p>	<p>Quorn Roast with Roast Potatoes and Gravy 🌱</p> <p>Delicious Quorn roast with fluffy roasties and tasty gravy</p>	<p>Tomato Pasta 🍷 🍷</p> <p>Fresh, homemade tomato and basil sauce with penne pasta</p>	<p>Carrots and Cabbage</p>	<p>Packed Lunch</p> <p>See below for details</p>	<p>Jacket Potatoes 🍷 🌱</p> <p>A choice of hot and cold fillings</p>	<p>Shortbread Biscuit with Fresh Cut Fruit Slices 🍷</p>
THURSDAY	<p>Bacon All Day Breakfast with Potato Wedges</p> <p>A yummy all day breakfast with bacon and potato wedges</p>	<p>Butternut Squash and Tomato Bake with Rice 🌱 🍷 🍷</p> <p>A delicious butternut squash and tomato bake served with rice</p>	<p>Tomato Pasta 🍷 🍷</p> <p>Fresh, homemade tomato and basil sauce with penne pasta</p>	<p>Broccoli and Sweetcorn</p>	<p>Packed Lunch</p> <p>See below for details</p>	<p>Jacket Potatoes 🍷 🌱</p> <p>A choice of hot and cold fillings</p>	<p>Pineapple Upside Down Cake with Custard 🍷 🍷</p>
FRIDAY	<p>Golden Fish Fingers and Chips</p> <p>Crispy fish fingers with scrummy chips</p>	<p>Quorn Nuggets and Chips 🌱</p> <p>Crispy Quorn nuggets with their fave sauce - ketchup</p>	<p>Tomato Pasta 🍷 🍷</p> <p>Fresh, homemade tomato and basil sauce with penne pasta</p>	<p>Baked Beans, Carrots and Peas</p>	<p>Packed Lunch</p> <p>See below for details</p>	<p>Jacket Potatoes 🍷 🌱</p> <p>A choice of hot and cold fillings</p>	<p>Lemon Slice with Fresh Cut Fruit Slices 🍷</p>

PACKED LUNCH - AVAILABLE DAILY

HAM AND CHEESE OR DAILY SPECIAL WITH VEG STICKS AND FRESH FRUIT OR BEAR YOYO OR DESSERT OF THE DAY

AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

🌱 Vegetarian
🐟 Oily fish
🌾 Wholegrain
🍏 Fruity!
🍷 Nutritionist's Choice

WEEK 2 MENU

W/C: 25/04 16/05 06/06 27/06
18/07

SPRING/SUMMER 2022

	HOT SPECIALS...	DAILY FAVES...	SIDES...	PACKED LUNCH...	JACKET POTATOES...	PICK A PUD!	
MONDAY	Veggie Bolognese ♻️ 🌱 🍷 Yummy veggie Bolognese with pasta	Cheese and Tomato Pizza ♻️ 🌱 🍷 Cheesy tomato topped pizza slice	Tomato Pasta 🍷 🍷 Fresh, homemade tomato and basil sauce with penne pasta	Carrots and Sweetcorn	Packed Lunch See below for details	Jacket Potatoes 🍷 ♻️ A choice of hot and cold fillings	Flapjack with Fresh Cut Fruit Slices 🍏 🍷
TUESDAY	Sausage and Mash with Gravy Sausage and mash with rich gravy	Vegetable Lasagne with a Garlic & Herb Bread Wedge 🍷 ♻️ Delicious sheets of pasta layered with veggies and tomato sauce	Tomato Pasta 🍷 🍷 Fresh, homemade tomato and basil sauce with penne pasta	Broccoli and Peas	Packed Lunch See below for details	Jacket Potatoes 🍷 ♻️ A choice of hot and cold fillings	Orange Shortbread with Fruit Slices 🍏
WEDNESDAY	Roast Turkey with Roast Potatoes & Gravy Roast turkey with fluffy roasties and tasty gravy	Creamy Vegetable Pie with Roast Potatoes and Gravy ♻️ Creamy vegetable pie with a cheesy shortcrust topper	Tomato Pasta 🍷 🍷 Fresh, homemade tomato and basil sauce with penne pasta	Cabbage and Carrots	Packed Lunch See below for details	Jacket Potatoes 🍷 ♻️ A choice of hot and cold fillings	Raspberry Yoghurt Cake with Fresh Cut Fruit Slices 🍏
THURSDAY	Cottage Pie 🍷 Home cooked minced beef with a crispy potato topping	Veggie Balls in Tomato Sauce with Pasta 🍷 ♻️ 🍷 Delicious veggie balls in a tasty tomato sauce with pasta	Tomato Pasta 🍷 🍷 Fresh, homemade tomato and basil sauce with penne pasta	Green Beans and Sweetcorn	Packed Lunch See below for details	Jacket Potatoes 🍷 ♻️ A choice of hot and cold fillings	Fruity Chocolate Brownie with Fresh Cut Fruit Slices 🍏
FRIDAY	Golden Fish Fingers and Chips Crispy fish fingers with scrummy chips	Quorn Dippers with Chips ♻️ Crispy Quorn dippers with their fave sauce - ketchup	Tomato Pasta 🍷 🍷 Fresh, homemade tomato and basil sauce with penne pasta	Baked Beans, Carrots and Peas	Packed Lunch See below for details	Jacket Potatoes 🍷 ♻️ A choice of hot and cold fillings	Vanilla Ice Cream with Fresh Cut Fruit Slices 🍏

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AVAILABLE EVERY DAY





































WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

♻️ Vegetarian 🐟 Oily fish 🌱 Wholegrain
 🍏 Fruity! 🍷 Nutritionist's Choice

WEEK 3 MENU

W/C: 02/05 23/05 13/06 04/07

SPRING/SUMMER 2022

	HOT SPECIALS...	DAILY FAVES...	SIDES...	PACKED LUNCH...	JACKET POTATOES...	PICK A PUD!	
MONDAY	<p>Macaroni Cheese </p> <p>Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce</p>	<p>Vegetarian Sausage with Mashed Potato and Gravy </p> <p>Veggie sausage and mash with rich gravy</p>	<p>Tomato Pasta  </p> <p>Fresh, homemade tomato and basil sauce with penne pasta</p>	<p>Peas and Carrots</p>	<p>Packed Lunch</p> <p>See below for details</p>	<p>Jacket Potatoes  </p> <p>A choice of hot and cold fillings</p>	<p>Oaty Biscuit with Fresh Cut Fruit Slices  </p>
TUESDAY	<p>Sweet and Sour Chicken with Rice  </p> <p>Tasty chicken in a sweet and sour sauce with a rice side</p>	<p>Allegra's Cheesy Peasy Risotto Bake </p> <p>A delicious baked cheesy, pea risotto</p>	<p>Tomato Pasta  </p> <p>Fresh, homemade tomato and basil sauce with penne pasta</p>	<p>Sweetcorn and Broccoli</p>	<p>Packed Lunch</p> <p>See below for details</p>	<p>Jacket Potatoes  </p> <p>A choice of hot and cold fillings</p>	<p>Apple and Carrot Yoghurt Muffin </p>
WEDNESDAY	<p>Roast Pork with Roast Potatoes & Gravy</p> <p>Roast pork with fluffy roasties and tasty gravy</p>	<p>Quorn Roast with Roast Potatoes and Gravy </p> <p>Delicious Quorn roast with fluffy roasties and tasty gravy</p>	<p>Tomato Pasta  </p> <p>Fresh, homemade tomato and basil sauce with penne pasta</p>	<p>Carrots and Cabbage</p>	<p>Packed Lunch</p> <p>See below for details</p>	<p>Jacket Potatoes  </p> <p>A choice of hot and cold fillings</p>	<p>Strawberry Ice Cream with Fresh Cut Fruit Slices </p>
THURSDAY	<p>Beef Meatballs in Tomato Sauce with Pasta </p> <p>Delicious beef meatballs in a tasty tomato sauce with pasta</p>	<p>Veggie Lasagne served with a Bread Wedge  </p> <p>Delicious sheets of pasta layered with veggies and tomato sauce</p>	<p>Tomato Pasta  </p> <p>Fresh, homemade tomato and basil sauce with penne pasta</p>	<p>Green Beans and Sweetcorn</p>	<p>Packed Lunch</p> <p>See below for details</p>	<p>Jacket Potatoes  </p> <p>A choice of hot and cold fillings</p>	<p>Chocolate Sponge Cake with Fresh Cut Fruit Slices </p>
FRIDAY	<p>Southern Fried Chicken Tasters with Chips</p> <p>Lightly seasoned crispy chicken strips and scrummy chips</p>	<p>Quorn Dippers with Chips </p> <p>Crispy Quorn dippers with their fave sauce - ketchup</p>	<p>Tomato Pasta  </p> <p>Fresh, homemade tomato and basil sauce with penne pasta</p>	<p>Baked Beans, Carrots and Peas</p>	<p>Packed Lunch</p> <p>See below for details</p>	<p>Jacket Potatoes  </p> <p>A choice of hot and cold fillings</p>	<p>Crispy Crackle Bar with Fresh Cut Fruit Slices </p>

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